

# Freeflow launch CD at the Media Club

Freeflow CD launch at the Media Club, 695 Cambie St. Saturday, Feb. 12. Cover \$10 or \$20 with purchase of new album.

John Goodman

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## **VANCOUVER'S funky Freeflow play tracks from their sophomore album tomorrow night at the Media Club.**

The band matches the talents of two Capilano College alumni – guitarist Reece Worth and Keyboardist Wilson Padmos – with three former students from Nelson's Selkirk College – vocalist Jason Evans, drummer Ryan Davis and bassist Simon Davies. The original lineup played together for almost five years before adding MC E-Spliff in 2004.

Freeflow's new self-titled CD is almost a non-stop groove machine thanks to producer Ben Kaplan. They recorded the 10 tracks over the past two years at Mushroom Studios, Greenhouse in Burnaby, and The Farm in Gibsons.

"Ben found us by seeing us live," says Evans. "His objective was to create that same energy on an album. To do it in a studio and

to do it on stage you're dealing with different elements."

Evans and Padmos wrote the majority of the material although everybody had a hand in the creative process. They recorded the drum tracks first and then built everything around the rhythm beds.

The result is much more dynamic than their debut, says Evans. "It's very full – there's a lot multi-tracking, a lot of guitar tracks, and a lot of things going on in this album."

The first video from the album will probably be either the leadoff track Please Don't Say or the hilarious Girlfriend although a final decision has yet to be decided.

Freeflow plans to tour western Canada in the spring and play festivals over the summer.

Guest performers tomorrow night include DJs Mark Brennan and Jacob Cino of Third Eye Tribe and a burlesque show with Miss Dolly Heart-On. The cover is \$10 or \$20 with the purchase of a CD with \$3 of each CD purchase going to Doctors Without Borders. Doors open at 9 p.m.